

EMOLLIENT LADDER

Formulary (GMMMG) | 1 - First Choice | 2 - Second Choice

Very Greasy

¹White Soft Paraffin
¹Zeroderm Ointment
²Hydromol Ointment

²50:50 Ointment
²Cetraben Ointment
²Diprobase Ointment

Greasy

¹Zerodouble Gel (Low Paraffin)
¹Zeroguent Cream

Creamy

¹Epimax Cream (Low Paraffin)
¹Oilatum Cream (Low Paraffin)
¹Zerobase (Low Paraffin)
¹Zerocream

²Ultrabase Cream (Low Paraffin)
²Cetraben Cream (Low Paraffin)

Colloidal Oatmeal (to be used in patients unresponsive to other emollients)

¹Zeroveen Cream ²Aproderm Colloidal Oat Cream (Paraffin Free)

Antimicrobial (with chlorhexidine & benzalkonium chloride)

¹Dermol Cream (if skin often infected)

With Urea

²Balneum Plus (5% Urea)

¹Imuderm Cream (Glycerin & 5% Urea)
¹Dermatonics Heel Balm (25% Urea)

Urea containing products maybe useful in very dry scaling conditions including Ichthyosis, Keratosis Pilaris and Hyperkeratosis (skin thickening) of the palms and soles.

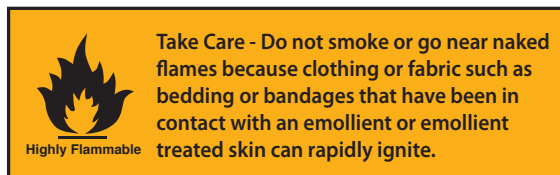
Light

¹ZeroAQs Cream (Low Paraffin)
¹QV Lotion (Low Paraffin)

²E45 Lotion (Low Paraffin)
²Cetraben Lotion (Low Paraffin)

Antimicrobial (with chlorhexidine & benzalkonium chloride)

¹Dermol 500 Lotion (if skin often infected)



- **Chlorexidine** containing products may very rarely cause an anaphylatic reaction.
- **Benzalkonium Chloride** containing products may cause skin irritation with long term use.